


# NOVEMBER 2019 Activities & Events for Rehabilitation & Continuing Care

Activities are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> <li>◆ COGNITIVE</li> <li>◆ SOCIAL</li> <li>◆ EMOTIONAL</li> <li>◆ PHYSICAL</li> <li>◆ SPIRITUAL</li> </ul>	<p>THEME OF THE MONTH: NATIONAL ALZHEIMER'S DISEASE AWARENESS MONTH</p>				<p>1 ALL SAINTS DAY</p> <ul style="list-style-type: none"> <li>◆ 8:30 VISUAL STIMULATION SERENITY LOUNGE</li> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:00 GOLDEN CARE PLAY GROUP MAKING SUN CATCHERS</li> <li>◆ 2:00 HAND EYE HEART MICHAEL GRAY'S ART WORKSHOP – MRC</li> <li>◆ 2:30 EXERCISE GROUP</li> <li>◆ 3:30 MANICURES</li> </ul>	<p>2</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 11:00 THE MORNING STRETCH</li> <li>◆ 2:30 MAKING DEVILED EGGS</li> </ul>
<p>3 DAYLIGHT SAVING ENDS</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:30 SUNDAY PAPER COUPON CLIPPING</li> <li>◆ 2:30 BOWLING</li> </ul>	<p>4</p> <ul style="list-style-type: none"> <li>◆ 8:30 PLANET EARTH IN SERENITY LOUNGE</li> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 2:15 ART IMAGE MAKING</li> <li>◆ 2:30 GUEST SPEAKER FROM THE ALZHEIMER'S ASSOCIATION WITH HEALTHY LIVING TIPS</li> <li>◆ 2:45 PET VISITS WITH HALEY</li> <li>◆ 3:30 READING CIRCLE</li> <li>◆ AFTERNOON VISITS WITH PASTOR NORMA</li> </ul>	<p>5 ELECTION DAY</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:15 CATHOLIC COMMUNION</li> <li>◆ 11:00 SENSORY STIMULATION PLANT CARE</li> <li>◆ 12:00 TABLE TALK</li> <li>◆ 2:30 CHAIR FITNESS</li> <li>◆ 3:30 HAPPY HOUR</li> </ul>	<p>6</p> <ul style="list-style-type: none"> <li>◆ 8:30 NETFLIX "LIFE" SERIES IN SERENITY LOUNGE</li> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:30 CHURCH WITH PAUL – MRC</li> <li>◆ 12:00 LADIES LUNCH MIXER</li> <li>◆ 2:30 MUSIC WITH DAN &amp; STEVE</li> <li>◆ 2:30 BINGO</li> <li>◆ 6:00 MUSIC WITH CAROLYN'S ANGEL BAND</li> </ul>	<p>7</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 11:00 SERENITY SENSORY GROUP ESSENTIAL OIL HAND MASSAGE</li> <li>◆ 12:00 TABLE TALK</li> <li>◆ 2:00 ICE CREAM SOCIAL AND MUSIC WITH CHERYL LAKE</li> <li>◆ 3:00 TRIVIA</li> </ul>	<p>8</p> <ul style="list-style-type: none"> <li>◆ 8:30 VISUAL STIMULATION SERENITY LOUNGE</li> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:00 GOLDEN CARE PLAY GROUP MAKING CLAY CREATIONS</li> <li>◆ 2:00 HAND EYE HEART MICHAEL GRAY'S ART WORKSHOP</li> <li>◆ 2:30 EXERCISE</li> <li>◆ 3:30 MANICURES</li> </ul>	<p>9</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 11:00 THE MORNING STRETCH</li> <li>◆ 2:30 MAKING TURKEY PRETZELS</li> </ul>
<p>10</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:30 SUNDAY PAPER COUPON CLIPPING</li> <li>◆ 2:30 BOWLING</li> </ul>	<p>11 VETERANS DAY</p> <ul style="list-style-type: none"> <li>◆ 8:30 PATRIOTIC MUSIC IN SERENITY LOUNGE</li> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:30 LUNCH OUTING TO THE VFW</li> <li>◆ 11:00 CATHOLIC MASS WITH FATHER JULIAN</li> <li>◆ 2:30 MILITARY BRANCH SONGS FOR VETERANS DAY OBSERVATION</li> <li>◆ 2:45 PET VISITS WITH HALEY</li> <li>◆ AFTERNOON VISITS WITH PASTOR NORMA</li> </ul>	<p>12</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:15 CATHOLIC COMMUNION</li> <li>◆ 11:00 SENSORY STIMULATION WARM HAND SOAKS</li> <li>◆ 12:00 TABLE TALK</li> <li>◆ 2:30 CHAIR FITNESS</li> <li>◆ 3:30 GUESS THE PHRASE</li> </ul>	<p>13 HAPPY BIRTHDAY EVELYN G. STAFF MEAL &amp; DRESS UP DAY</p> <ul style="list-style-type: none"> <li>◆ 8:30 NETFLIX "LIFE" SERIES IN SERENITY LOUNGE</li> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:30 RELIGIOUS FILM</li> <li>◆ 2:30 MUSIC WITH COLIN</li> <li>◆ 3:30 TRIVIA</li> <li>◆ 6:15 SING-A-LONG IN DOG RIVE R LOUNGE</li> </ul>	<p>14</p> <ul style="list-style-type: none"> <li>◆ 9:00 COLLECTIVE GOODS &amp; GIFTS IN THE LIBRARY</li> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 11:00 SERENITY SENSORY GROUP</li> <li>◆ 12:00 TABLE TALK</li> <li>◆ 2:00 ICE CREAM SOCIAL AND MUSIC WITH CHERYL LAKE</li> <li>◆ 3:00 TRIVIA</li> </ul>	<p>15</p> <ul style="list-style-type: none"> <li>◆ 8:30 VISUAL STIMULATION SERENITY LOUNGE</li> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:00 GOLDEN CARE PLAY GROUP PINECONE TURKEYS</li> <li>◆ 2:00 HAND EYE HEART MICHAEL GRAY'S ART WORKSHOP</li> <li>◆ 2:30 EXERCISE</li> <li>◆ 3:30 MANICURES</li> </ul>	<p>16</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 11:00 THE MORNING STRETCH</li> <li>◆ 2:30 MAKING TURKEY TREATS</li> </ul>
<p>17</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:30 SUNDAY PAPER COUPON CLIPPING</li> <li>◆ 2:00 MUSIC WITH GLORY BOUND</li> </ul>	<p>18</p> <ul style="list-style-type: none"> <li>◆ 8:30 PLANET EARTH IN SERENITY LOUNGE</li> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 1:30 RESIDENT COUNCIL MEETING IN THE DOG RIVER LOUNGE</li> <li>◆ 2:15 ART IMAGE MAKING</li> <li>◆ 2:45 PET VISITS WITH HALEY</li> <li>◆ 3:30 READING CIRCLE</li> <li>◆ AFTERNOON VISITS WITH PASTOR NORMA</li> </ul>	<p>19</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:15 CATHOLIC COMMUNION</li> <li>◆ 11:00 SENSORY STIMULATION</li> <li>◆ 12:00 TABLE TALK</li> <li>◆ 2:00 MUSIC WITH COREY</li> <li>◆ 3:00 YAPPY HOUR</li> </ul>	<p>20</p> <ul style="list-style-type: none"> <li>◆ 8:30 NETFLIX "LIFE" SERIES IN SERENITY LOUNGE</li> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:00 RELIGIOUS FILM</li> <li>◆ 11:45 MEN'S PIZZA &amp; BEER PARTY</li> <li>◆ 2:30 MUSIC WITH STEVE &amp; RAY</li> <li>◆ 6:15 SING-A-LONG IN DOG RIVE R LOUNGE</li> </ul>	<p>21</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 11:00 SERENITY SENSORY GROUP</li> <li>◆ 12:00 TABLE TALK</li> <li>◆ 2:00 ICE CREAM SOCIAL AND MUSIC WITH CHERYL LAKE</li> <li>◆ 3:00 TRIVIA</li> </ul>	<p>22</p> <ul style="list-style-type: none"> <li>◆ 8:30 VISUAL STIMULATION SERENITY LOUNGE</li> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:00 GOLDEN CARE PLAY GROUP HAND TURKEYS</li> <li>◆ 2:00 HAND EYE HEART MICHAEL GRAY'S ART WORKSHOP</li> <li>◆ 2:30 EXERCISE</li> <li>◆ 3:30 MANICURES</li> </ul>	<p>23</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 11:00 THE MORNING STRETCH</li> <li>◆ 2:30 MAKING A TURKEY CHEESE BALL</li> </ul>
<p>24</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:30 SUNDAY PAPER COUPON CLIPPING</li> <li>◆ 2:30 BOWLING</li> </ul>	<p>25</p> <ul style="list-style-type: none"> <li>◆ 8:30 PLANET EARTH IN SERENITY LOUNGE</li> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 2:15 ART IMAGE MAKING</li> <li>◆ 3:30 READING CIRCLE</li> <li>◆ AFTERNOON VISITS WITH PASTOR NORMA</li> </ul>	<p>26</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:15 CATHOLIC COMMUNION</li> <li>◆ 11:00 SENSORY STIMULATION THANKSGIVING TALK</li> <li>◆ 12:00 TABLE TALK</li> <li>◆ 2:30 MUSIC WITH THE LADDIES</li> <li>◆ 2:30 CHAIR FITNESS</li> <li>◆ 3:30 GUESS THE PHRASE</li> </ul>	<p>27</p> <ul style="list-style-type: none"> <li>◆ 8:30 NETFLIX "LIFE" SERIES IN SERENITY LOUNGE</li> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:00 RELIGIOUS FILM</li> <li>◆ 2:30 MANICURES</li> </ul>	<p>28 THANKSGIVING</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:00 MACY'S DAY PARADE</li> <li>◆ 2:30 THANKSGIVING TRIVIA</li> </ul>	<p>29 HAPPY BIRTHDAY MILTON A.</p> <ul style="list-style-type: none"> <li>◆ 8:30 VISUAL STIMULATION SERENITY LOUNGE</li> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:00 ROKU SING- A- LONG</li> <li>◆ 2:00 HAND EYE HEART MICHAEL GRAY'S ART WORKSHOP</li> <li>◆ 2:30 EXERCISE</li> <li>◆ 3:30 MANICURES</li> </ul>	<p>30 HAPPY BIRTHDAY BLANCHE P.</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 11:00 THE MORNING STRETCH</li> <li>◆ 2:30 MAKING A FRUIT TRIFLE</li> </ul>