

# NOVEMBER 2019

# Activities & Events for Residential Care

Activities are subject to change.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> <li>◆ COGNITIVE</li> <li>◆ SOCIAL</li> <li>◆ EMOTIONAL</li> <li>◆ PHYSICAL</li> <li>◆ SPIRITUAL</li> </ul>	<p>THEME OF THE MONTH: NATIONAL ALZHEIMER'S DISEASE AWARENESS MONTH</p>				<p>1 ALL SAINTS DAY</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:00 GOLDEN CARE PLAY GROUP MAKING SUN CATCHERS</li> <li>◆ 2:00 HAND EYE HEART MICHAEL GRAY'S ART WORKSHOP</li> <li>◆ 2:30 MANICURES</li> <li>◆ 6:15 GAME NIGHT</li> </ul>	<p>2</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:15 THE MORNING STRETCH</li> <li>◆ 10:45 COOKING DEVILED EGGS</li> <li>◆ 1:30 BINGO</li> <li>◆ 3:00 THE MAYO 'HELP YOU' CART</li> </ul>
<p>3 DAYLIGHT SAVING ENDS</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:30 THE MORNING STRETCH</li> <li>◆ 11:00 BOWLING</li> <li>◆ 2:00 ARTS &amp; CRAFTS</li> </ul>	<p>4</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 1:30 BINGO</li> <li>◆ 2:45 PET VISIT WITH HALEY</li> <li>◆ 2:30 GUEST SPEAKER FROM THE ALZHEIMER'S ASSOCIATION WITH HEALTHY LIVING TIPS</li> <li>◆ 3:00 SING-A-LONG IN HILLSIDE LOUNGE</li> <li>◆ AFTERNOON VISITS WITH PASTOR NORMA</li> <li>◆ 6:15 BRAIN GAME</li> </ul>	<p>5 ELECTION DAY</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:15 CATHOLIC COMMUNION</li> <li>◆ 11:00 BONE BUILDERS IN THE LIBRARY</li> <li>◆ 12:00 TABLE TALK</li> <li>◆ 1:15 VAN RIDE</li> <li>◆ 6:15 TOP TEN TUESDAY</li> </ul>	<p>6</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:00 CHURCH WITH PAUL &amp; FRIENDS</li> <li>◆ 12:00 LADIES LUNCH MIXER</li> <li>◆ 1:15 CHAIR FITNESS</li> <li>◆ 2:30 MUSIC WITH DAN &amp; STEVE</li> <li>◆ 4:00 READING CIRCLE WITH PAT STUART IN THE LIBRARY</li> <li>◆ 5:45 PET VISIT WITH RANGER</li> <li>◆ 6:00 MUSIC WITH CAROLYN'S ANGEL BAND</li> </ul>	<p>7</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:30 BINGO</li> <li>◆ 12:00 TABLE TALK</li> <li>◆ 1:30 BONE BUILDERS IN THE LIBRARY</li> <li>◆ 2:00 ICE CREAM SOCIAL &amp; MUSIC WITH CHERYL LAKE</li> <li>◆ 6:15 SPA NIGHT IN THE BEAUTY PARLOR</li> </ul>	<p>8</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:00 GOLDEN CARE PLAY GROUP MAKING CLAY CREATIONS</li> <li>◆ 2:00 HAND EYE HEART MICHAEL GRAY'S ART WORKSHOP</li> <li>◆ 2:30 MANICURES</li> </ul>	<p>9</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:15 THE MORNING STRETCH</li> <li>◆ 10:45 MAKING TURKEY PRETZELS</li> <li>◆ 1:30 BINGO</li> <li>◆ 3:00 THE MAYO 'HELP YOU' CART</li> </ul>
<p>10</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 11:00 BOWLING</li> <li>◆ 2:00 ARTS &amp; CRAFTS</li> </ul>	<p>11 VETERANS DAY HAPPY BIRTHDAY ALICE M.</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:30 LUNCH OUTING TO THE VFW</li> <li>◆ 11:00 CATHOLIC MASS WITH FATHER JULIAN</li> <li>◆ 1:30 BINGO</li> <li>◆ 2:45 PET VISITS WITH HALEY</li> <li>◆ 3:00 MILATARY BRANCH SONGS FOR VETERANS DAY OBSERVATION IN THE LIBRARY</li> <li>◆ AFTERNOON VISITS WITH PASTOR NORMA</li> </ul>	<p>12</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:15 CATHOLIC COMMUNION</li> <li>◆ 11:00 BONE BUILDERS IN HILLSIDE LOUNGE</li> <li>◆ 12:00 TABLE TALK</li> <li>◆ 1:15 VAN RIDE</li> <li>◆ 6:15 TOP TEN TUESDAY</li> </ul>	<p>13 STAFF MEAL &amp; DRESS UP DAY</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:30 GUESS THE PHRASE</li> <li>◆ 1:15 CHAIR FITNESS</li> <li>◆ 2:30 MUSIC WITH COLIN</li> <li>◆ 4:00 READING CIRCLE WITH PAT STUART IN THE LIBRARY</li> <li>◆ 5:45 PET VISIT WITH RANGER</li> <li>◆ 6:15 WARM HAND MASSAGES</li> </ul>	<p>14</p> <ul style="list-style-type: none"> <li>◆ 9:00 COLLECTIVE GOOD &amp; GIFTS IN THE LIBRARY ALL DAY</li> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:30 BINGO</li> <li>◆ 12:00 TABLE TALK</li> <li>◆ 1:30 BONE BUILDERS IN THE LIBRARY</li> <li>◆ 2:00 ICE CREAM SOCIAL &amp; MUSIC WITH CHERYL LAKE</li> <li>◆ 6:15 TEA PARTY IN THE LIBRARY</li> </ul>	<p>15</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:00 GOLDEN CARE PLAY GROUP MAKING PINECONE TURKEYS</li> <li>◆ 2:00 HAND EYE HEART MICHAEL GRAY'S ART WORKSHOP</li> <li>◆ 2:30 MANICURES</li> <li>◆ 6:15 GAME NIGHT</li> </ul>	<p>16</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 2:00 MOVIE "LITTLE WOMEN" IN THE LIBRARY</li> </ul>
<p>17</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 2:00 MUSIC WITH GLORY BOUND</li> </ul>	<p>18 HAPPY BIRTHDAY FRANCES C.</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:30 JEOPARDY</li> <li>◆ 1:30 BINGO</li> <li>◆ 2:45 PET VISIT WITH HALEY</li> <li>◆ 3:00 SING-A-LONG IN HILLSIDE LOUNGE</li> <li>◆ AFTERNOON VISITS WITH PASTOR NORMA</li> <li>◆ 6:15 BRAIN GAME</li> </ul>	<p>19</p> <ul style="list-style-type: none"> <li>◆ 9:30 COMMUNITY LIVING COFFEE HOUR WITH ANNE</li> <li>◆ 10:15 CATHOLIC COMMUNION</li> <li>◆ 11:00 BONE BUILDERS IN HILLSIDE LOUNGE</li> <li>◆ 12:00 TABLE TALK</li> <li>◆ 2:00 MUSIC WITH COREY</li> <li>◆ 3:00 YAPPY HOUR</li> <li>◆ 6:15 TOP TEN TUESDAY</li> </ul>	<p>20</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:30 GUESS THE PHRASE</li> <li>◆ 1:15 CHAIR FITNESS</li> <li>◆ 2:30 MUSIC WITH STEVE &amp; RAY</li> <li>◆ 4:00 READING CIRCLE WITH PAT STUART IN THE LIBRARY</li> <li>◆ 5:45 PET VISIT WITH RANGER</li> <li>◆ 6:15 BUNNY VISITS</li> </ul>	<p>21</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:00 RESIDENT COUNCIL MEETING</li> <li>◆ 10:30 BINGO</li> <li>◆ 12:00 TABLE TALK</li> <li>◆ 1:30 BONE BUILDERS IN THE LIBRARY</li> <li>◆ 2:00 ICE CREAM SOCIAL &amp; MUSIC WITH CHERYL LAKE</li> <li>◆ 6:15 SPA NIGHT IN THE BEAUTY PARLOR</li> </ul>	<p>22</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:00 GOLDEN CARE PLAY GROUP MAKING HAND TURKEYS</li> <li>◆ 2:00 HAND EYE HEART MICHAEL GRAY'S ART WORKSHOP</li> <li>◆ 2:30 MANICURES</li> </ul>	<p>23</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:15 THE MORNING STRETCH</li> <li>◆ 10:45 MAKING TURKEY CHEESE BALL</li> <li>◆ 1:30 BINGO</li> <li>◆ 3:00 THE MAYO 'HELP YOU' CART</li> </ul>
<p>24</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:30 THE MORNING STRETCH</li> <li>◆ 11:00 BOWLING</li> <li>◆ 2:00 ARTS &amp; CRAFT</li> </ul>	<p>25</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:30 TRIVIA</li> <li>◆ 1:30 BINGO</li> <li>◆ 2:45 PET VISIT WITH HALEY</li> <li>◆ 3:00 SING-A-LONG IN HILLSIDE LOUNGE</li> <li>◆ AFTERNOON VISITS WITH PASTOR NORMA</li> </ul>	<p>26</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:15 CATHOLIC COMMUNION</li> <li>◆ 11:00 BONE BUILDERS IN HILLSIDE LOUNGE</li> <li>◆ 12:00 TABLE TALK</li> <li>◆ 2:30 MUSIC WITH THE LADDIES</li> <li>◆ 6:15 TOP TEN TUESDAY</li> </ul>	<p>27</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:30 GUESS THE PHRASE</li> <li>◆ 1:15 CHAIR FITNESS</li> <li>◆ 2:00 BAKING PUMPKIN PIES</li> <li>◆ 2:30 MANICURES</li> <li>◆ 4:00 READING CIRCLE WITH PAT STUART IN THE LIBRARY</li> <li>◆ 5:45 PET VISIT WITH RANGER</li> <li>◆ 6:15 WARM HAND MASSAGES</li> </ul>	<p>28 THANKSGIVING DAY</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:00 MACY'S DAY PARADE</li> </ul>	<p>29</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 2:00 HAND EYE HEART MICHAEL GRAY'S ART WORKSHOP</li> <li>◆ 2:30 SING- A- LONG IN HILL SIDE LOUNGE</li> <li>◆ 6:15 GAME NIGHT</li> </ul>	<p>30</p> <ul style="list-style-type: none"> <li>◆ 9:30 COFFEE HOUR</li> <li>◆ 10:15 THE MORNING STRETCH</li> <li>◆ 10:45 MAKING FRUIT TRIFLE</li> <li>◆ 1:30 BINGO</li> <li>◆ 3:00 THE MAYO 'HELP YOU' CART</li> </ul>